

St. Francis Institute of Management & Research

(SFIMAR)

Best Practices

Practice 1

Title of the Practice: "Project X'cellence" Competition

Objectives of the Practice:

- 1. To combine the Summer Internship Project Competition for MMS and PG and Industry Oriented Dissertation Project competition for MFM-MMM (Prakalpa).
- 2. To conduct the competition in an online format following the COVID protocols.

The Context and Practice:

Annual Intra College Competition "Project 'Xcellence" was held through a virtual platform on 13th November 2021. It is the first time a combined event was held for all the 3 programs MMS, PGDM, and Part-time programs namely, MFM & MMM, in association with SFIMAR – PGDM since it was not possible to hold the same in physical format due to restrictions related to the COVID pandemic. The panelists from Industry were invited to evaluate the project competition. All the panelists gave positive feedback to the participants and mentioned a few areas of improvement.

Evidence of Success:

A total of 28 projects were shortlisted across all the programs listed above. 3 winners were chosen from Finance and marketing specialization each, 2 winners from HR, and 1 each was selected from IT and Operations.

Resources Required:

- 1. Experts from various fields to judge the event
- 2. Subscription to online platforms such as Zoom



St. Francis Institute of Management & Research (SFIMAR)

Report on Project 'XCELLENCE' Presentation Competition 2021 organized on 13.11.2021

Introduction

Annual Intra College Competition "Project 'Xcellence" was held through a virtual platform on 13th November 2021. It is the first time a combined event was held for all the 3 programs MMS, PGDM, and Part-time programs namely, MFM & MMM.

Objectives

- 1. To showcase their business knowledge and enhance their functional skills.
- 2. To provide an opportunity to implement the skills learned in the classroom into a diverse working scenario

Description

The event started with the SFIMAR anthem sung by the administrative staff. Virtual Lighting of the Lamp took place signifying purity, goodness, good luck, and power. The welcome address was given by Chairman Bro. Alphonse Nesamony & introductory address about the event was given by Dr. Sulbha Raorane, In-charge Director SFIMAR (PGDM).

The panelists from Industry were invited to evaluate the project competition. For the Finance panel - Mr. Raghavendra Poddar, Cluster Business Manager at AU Small Finance Bank, Mr. Saurabh Oak -Assistant Vice President, C I B Operations, JP Morgan, and Mr. Dilpesh Jain - CFO, were invited. Marketing panelists were Mr. Tej Mayekar- Entrepreneur and the Founder of M/S Geosmin Marketing Ratnagiri, Ms. Kavita Ramanujam -Assistant Category Manager, Maersk Tankers (Alumnus) & Ms. Foram Rajput Manager at ICICI Bank (Alumnus). HR panelists were Ms. Parna Mishra- Capability Consultant with Noble House consulting for Vodafone idea limited & Ms. Veronica Fernandes (Alumnus) -Senior HR Manager at

NielsenIQ. IT and Operations was a combined panel and the panelists were Mr. Nikunj Shah

- Chief Executive Officer at Softype, and Ms. Somiya Balan- Quality Analyst, e-Emphasys.

Officiating Director (SIMAR) Dr. G. Ramesh delivered the closing note.

Rules and criteria for evaluation were -

1. Content (10 Marks)

2. Presentation (5 Marks)

3. Time management (5 Marks)

4. Q & A (5 Marks)

Total 25 Marks

The number of shortlisted projects for presentations was as below:

• Finance: 12

• Marketing: 10

• HR: 4

• IT & Operations: 2

Results:

Finance Panel: Ms. Rachana Nair was the winner, Mr. Harshit Desai secured 2nd prize

and 3rd prize was bagged by Mr. Jobby Koikaleth

• Marketing panel: Ms. Cristeena Paul was the winner, Ms. Apurva Sankhe secured 2nd

prize, Mr. Anish George bagged 3rd prize

• HR Panel: Ms. Verena Vaz was the winner & Ms. Prajakta Bhale Bagged the 2nd Prize

• IT and Operations: Mr. Aron Neves was the winner in the I.T panel and Mr. Sanil

Gharat was the winner in the Operations panel.

All the panelists gave positive feedback to the participants and mentioned a few areas of

improvement. The event ended by expressing gratitude to all the faculty coordinators, student

coordinators, Chairman, and Bro. Alphonse Nesamony, officiating Director SFIMAR Dr. G.

Ramesh, In-charge Director SFIMAR (PGDM) Dr. Sulbha Raorane, Registrar Brother Xavier

Munda, Placement Team, Admin staff, Maintenance staff & Technical team for their

continuous support in making the event grand success.

Outcomes

• It provides the students with a hands-on learning experience for them to build their skill set in their field of specialization



IN ASSOCIATION WITH



ST FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (PGDM)

PROJECT 'XCELLENCE

Virtual Intra - Collegiate Project Presentation Competition (MMS, PGDM, MFM & MMM)

On 13th November 2021



Welcome Address

Rev . Bro. Alphonse Nesamony Chairman, SFIMAR

Assistant Superior General (Governing Body)



IN ASSOCIATION WITH



ST FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (PGDM)



Introductory Speech
Dr. Sulbha Raorane
In-Charge Director, SFIMAR (PGDM)



Closing Note
Dr. G. Ramesh
Officiating Director, SFIMAR



IN ASSOCIATION WITH





Panel Members:



(Finance)





(Marketing)









IN ASSOCIATION WITH





Panel Members:

(**Human Resources**))





(Operations & Information Technology)







IN ASSOCIATION WITH

ST FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (PGDM)





FINANCE PRESENTERS:

Ms. Anisha Ajayan | Ms. Natasha Albuquerque

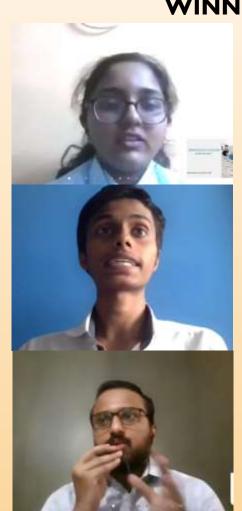
Mr. Kantilal Gangal | Mr. Harshit Desai | Ms. Rachana Nair

Mr. Jobby Koikaleth | Ms. Janhvi Shah | Ms. Surabhi Gharat

Ms. Venisri Shetty | Ms. Ruchita Rebello | Ms. Kavita Attarde

Ms. Sanyukta kotian





WINNERS

Ms. Rachana Nair

Mr. Harshit Desai

Mr. Jobby Koikaleth



IN ASSOCIATION WITH



ST FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (PGDM)





MARKETING PRESENTERS:

Ms. Cristeena Paul || Ms. Samrita Dave || Mr. Rony Cajetan Mr. Anish Geogre || Ms. Rikita Shetty || Ms. Rafat Shaikh Mr. Dominic D'Souza || Ms. Apurva Sankhe || Ms. Priyal Bole



WINNERS



Ms. Cristeena Paul



Ms. Apurva Sankhe



Mr. Anish Geogre



IN ASSOCIATION WITH







HUMAN RESOURCES PRESENTERS:

Ms. Ishwari Phansekar || Ms. Nisha Gokarn Ms. Prajakta Bhale || Ms. Verena Vaz



WINNERS



Ms. Verena Vaz





Ms. Prajakta Bhale



IN ASSOCIATION WITH







OPERATIONS & INFORMATION TECHNOLOGY:

Mr. Sanil Sachin Gharat || Mr. Ninad Tanaji Gawande Mr. Rohan Vikas Kadam || Mr. Aaron Antonio Neves



WINNERS



Mr. Sanil Sachin Gharat (Operations)



Mr. Aaron Antonio Neves (Information Technology)



IN ASSOCIATION WITH



ST FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (PGDM)





PROJECT 'XCELLENCE GALLERY



St. Francis Institute of Management & Research

(SFIMAR)

Practice 2

Title of the Practice: Forums and Clubs online events

Objectives of the Practice:

- 1. To encourage the students to participate in different events to achieve all-around personality development, even in times of lockdown due to the pandemic.
- 2. To make it possible to continue all types of learning experiences within the new normal.
- 3. To complement the regular curriculum by conducting the extracurricular activities in an online format following the COVID protocols.

The Context:

During the COVID Pandemic, the students had to attend classes in online mode and miss the enrichment that happens by attending the physical mode of campus life. To help them with their personality development using extra-curricular activities, various events were organized by the Institute through the online mode.

The Practice:

Various activities such as Photo Collage Activity and Art of Wall Hanging Activity by Malay Club; Panel Discussion on "Agri Entrepreneurship and Farm Innovations- The Future Ahead" by Prerna Club were organized via online mode for the students.

Evidence of Success:

The impact that has been created by/through the events and activities conducted by the institute during the pandemic period are the following:

- 1. Students got the experience of event organization and participation even during the lockdown.
- 2. Students got the opportunity to exhibit the ability to develop innovative ideas.

3. Students were able to understand entrepreneurial opportunities using technology in the agricultural industry.

Resources Required:

1. Subscription to online platforms such as Zoom, MS Teams



St. Francis Institute of Management & Research

(SFIMAR)

Report on Frugal Innovation organized on 6 April 2021

Introduction

Perna club organised a session on Frugal innovation for students of MMS & PGDM on 6 April by Dr. Sudipto Bhattacharya, one of the kev professors in the field entrepreneurship. The Guest speaker introduced the students what does frugal mean and how the concept is used by budding entrepreneurs to exploit opportunities driven through simple solutions and innovations.

Objectives

- To sensitise students about the topic of frugal innovation.
- To teach importance of innovation and its application for promoting entrepreneurship among young students.

Profile of the Speaker

Sudipto has completed his Bachelors in Textile Technology in 1993, thereafter served the organized textile industry and garment export houses. In 1999, he completed his MBA and plunged into a first-generation start-up. The venture was on fruit pulp extraction, processing, preserving, packaging and marketing with tribal fruit recipes. Thereafter he pursued a full-time career in management teaching, research and consulting. He consulted on areas relating to creative solutions to organizational problems, customer trust and engagement, branding organizations and visual merchandising. In 2003, he worked briefly with BGMEA Institute of Fashion Technology, Dhaka, Bangladesh. In his doctoral thesis, he explored Entry and Growth Strategies of Foreign Business Academic Brands in India and was awarded PhD in management in 2012. In 2013, he was chosen as National Expert by Asian Productivity Organization, Tokyo to research Entrepreneurship in APO economies. He has successfully designed and delivered MDPs at IIM Calcutta, BESU, Shibpur and VIT University. He has presented papers in national and international conferences, reviewed books of contemporary management literature, published papers in peer reviewed International journals, co-authored a book "Startup to Scaleup." and co-edited another book, "Appreciative Inquiry Approaches to Organizational Transformation."

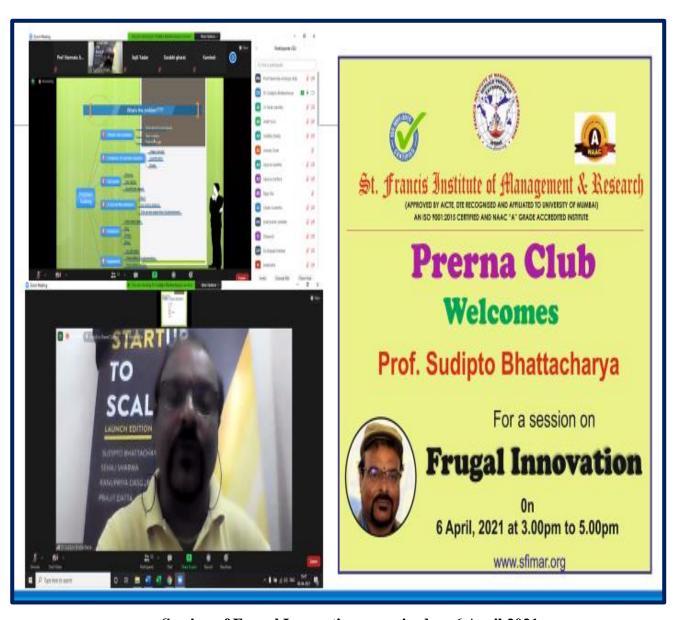
Description

Dr. Sudipto also played few visual perception games with students at the start of the session for developing visual perceptual skills among the students. The speaker introduced Arvind Guptas video and explained to them how he shares simple yet stunning plans for turning trash into seriously entertaining, well-

designed toys that kids can build themselves while learning basic principles of science and design. The session was organised on Zoom platform amid Covid-19 lockdown across the state. The Session was highly interactive and was well received by students of MMS & PGDM. The session ended with vote of thanks from Prof. Namrata Acharya

Outcomes

• Students were made aware about the concept of frugal innovation



Session of Frugal Innovation organized on 6 April 2021

Report on the Global Entrepreneurship Summit Report- 2021

Introduction

The one-day flagship event --The Global Entrepreneurship Summit 2021-- was conducted by the St Francis Institute of Management and Research jointly organized with Global Entrepreneurs Grid of MTC Global on 12/06/2021. The Entrepreneurship summit was well attended by the participants (50 to 60) from all over India.

Objectives

The objectives of the Summit were to have insightful collaborations between industries and academics to facilitate and disseminate entrepreneurial knowledge to budding entrepreneurs and business students so that they might possess the right entrepreneurial skills required in the emerging scenario.

Description

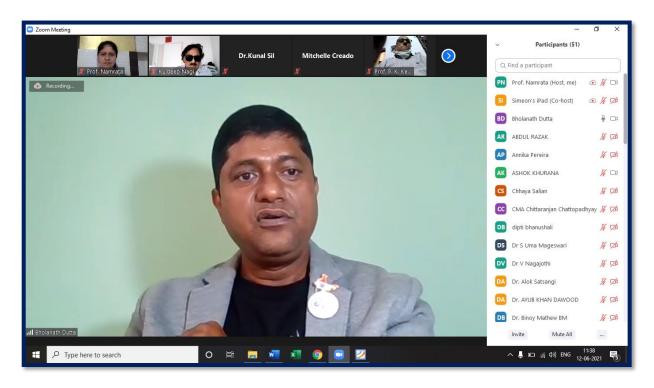
The whole entrepreneurship summit focused on the theme of Innovation and creativity, local entrepreneurship, and persuasive skills required during Covid 19 for successful entrepreneurship. The target audiences mostly consisted of Business Professors, Principals of Colleges, Entrepreneurs, Directors, and Students Community. The Guest speakers who deliberated on the Guest Sessions were Prof. Bolanath Dutta of Global Entrepreneurship Grid, (MTC Global Founder) from Bangalore, Sahil Koul, Business Head, Bharti Airtel Ltd, Entrepreneur, and Bhansali Mitra EDI India faculty, Ahmedabad.

The event started with the SFIMAR college anthem at 10 am on Saturday 12/06/2021 with the Keynote address being delivered by Dr. Henry Babu, Director of SFIMAR. Thenfollowed the Welcome address session, wherein, Dr. Sulbha Raorane, In-charge Director (PGDM), welcomed all the Guest speakers of the entrepreneurial event. The firstsession started at 10.30 am with Prof Bholanath Dutta, President, and founder of MTC, addressing the audience about the innovation and creativity skills required for successful entrepreneurship. The second session started at 12.00 pm when Mr. Sahil Koul addressed the audience about Local Entrepreneurship. The third session started in the afternoon at 2.30 pm, when Dr. Bhaisali took over the session, wherein she dealt withthe subject of how Persuasive skills are required by emerging entrepreneurs consistently. The meeting came to an end with the Vote of thanks by Dr. Simeon S Simon, wherein, he thanked all the dignitaries and delegates who actively participated from various quarters of India through online mode.

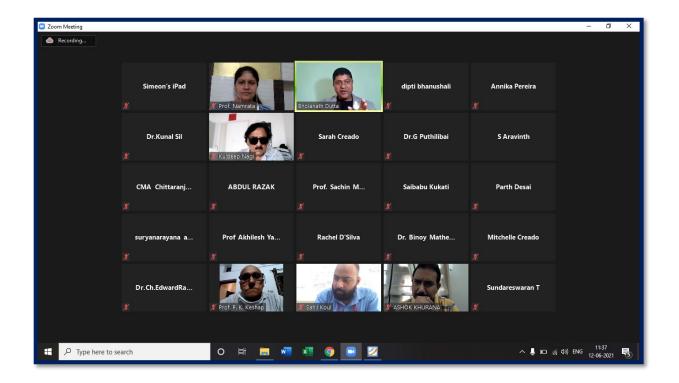
Outcomes



Participants of The Global Entrepreneurship Summit 2021



Prof Bholanath Dutta, President, and founder of MTC addressing the webinar participants on 12/06/2021



Participants of The Global Entrepreneurship Summit 2021

Report on the Session on 'Agri Entrepreneurship and Farm Innovation: The Future Ahead' organized on 1 December 2021

Introduction

Prerna club organized a Panel Discussion to enlighten the students regarding the subject of 'Agri Entrepreneurship and Farm Innovations- The Future Ahead' 1 December 2021. The panel started with discussion on the current agri- entrepreneurship business models available. The discussion of the panel moved around the challenges faced by agri entrepreneurs in India, the government schemes to support agri startups and the growing opportunities and tech innovation in the agriculture sector in India.

Objectives

- To sensitize students about the topic of agri entrepreneurship.
- To discuss agri-entrepreneurship models and the opportunities and challenges faced by them thereby promoting entrepreneurship spirit among young students.

Panelists

- 1. Ms Hanisha Vaswani Managing Partner, Majority. an early stage impact fund as Panelist
- 2. Dr Dipti Singh Managing Director, Grihastha as Panelist
- 3. Mr. Vigesh Raja Strategy Consultant, Keynote Speaker Advisor & Mentor as Panelist.
- **4.** Mr. Deepak Sharma Co-Founder. Go4Life as Panelist S.
- **5.** Ms. Chairmaine Gangen Founder & Global Entrepreneurship, Education Consultant of CGM Training & Consulting as Moderator (International Speaker).

Description

Ms. Charmaine moderated the panel and started with panel discussion by asking what is Agrientrepreneurship which was well received by Mr. Vignesh and he discussed the entire Concept with the presence of such startups and ventures across India. Dr. Dipti and Mr. Deepak explained what their ventures did and how they have been working in the agri space. Dr Dipti highlighted the challenges faced by her while managing agri startups and discussed the funding received for the same. While Mr Deepak highlighted his venture and the entire technology space created by his company to get agri business in an organized format in India.

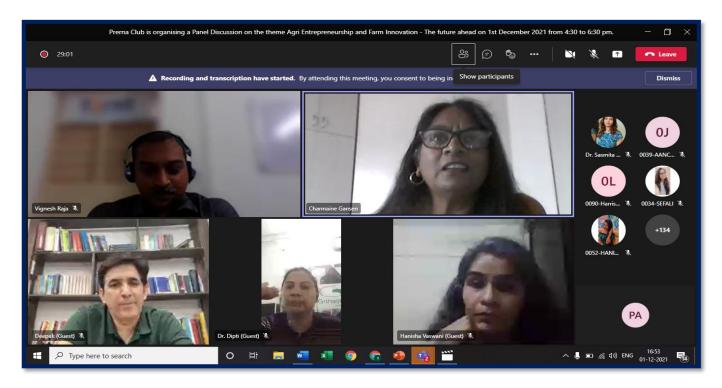
Ms. Hanisha enlightened the impact fund developed by her and motivated all to look at the government funding or angel investors or venture funds for growing businesses further. A comparison of India vs markets abroad was also done by the panel. Students were also introduced to the startup portal where they could register their startups in case they were open to funding. This helped students not only to explore the agriculture sector opportunities but also exploit the initiatives present for growing business,

India being an agricultural economy.

The session was organized on Microsoft Teams platform amid Covid-19 lockdown across the countries. The session was highly interactive and was well received by students of PGDM MMS. The session ended with vote of thanks from student coordinators and Prof. Namrata.

Outcomes

- 1. Students gained an overview of agri entrepreneurship and farm innovation
- 2. Students were made aware of the Govt funding available for agri entrepreneurship.



Panelists of the Discussion on 'Agri Entrepreneurship and Farm Innovation: The Future

Ahead' organized on 1 December 2021



St. Francis Institute of Management and Research (SFIMAR)

Report of The Art of Photo Frame Making Competition organized by Malay Club on 24 April 2021

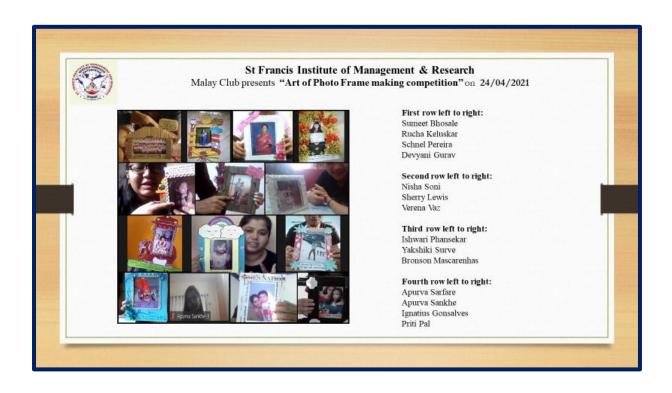
A campus poised on sheer scientific thrills requires a balancing dose of art so that aesthetics and beauty around us are not forgotten. The motto of the fine arts club is to inspire and enable our students to actively learn and develop their talents and skills that will develop artistic expression. The Malay club gives our students a broader view of art in many forms to bring hidden talents into the limelight.

The Club Faculty Co-ordinators are Dr. Natika Poddar, Prof. Sanchayita Banerjee, and Prof. Papinder Nagi. The coordinators of the Malay club organized "The Art of photo frame making" competition on Saturday 24th April 2021. The time scheduled was 3 pm-4 pm. Due to the pandemic, this competition was held online on the Zoom platform for the very first time. The theme of this competition was to connect with the students through the memories of their photographs and also allow the students to innovate and create without using ready-made items within 1 hr. 14 participants took part in this competition. The criteria followed were that the students were not allowed to use any ready-made item, they could use any resources available at their homes and give a caption to their photo frames. The event was graced by the presence of Dr. Henry Babu, Dr.G Ramesh, and Prof. Vasudha Rao.

The esteemed judges of this year were Dr. Dipaali Pulekar and Dr. Smita Jesudasan. The judging parameters were creativity, use of hand-made resources, display/presentation, and caption. The winners were declared on the same day, based on the judging criteria 4 winners were declared. The 1st prize was won by Rucha Keluskar (PGDM), the 2nd prize was won by Ishwari Phansekar (MMS Div B) and the 3rd prize was for best caption which was won by Nisha Soni (MMS div A) and Verena Vaz (PGDM).

The Malay club thus provides a channel for exhibiting the varied talents and innovations of the students, to think out of the box, and show personality development. This legacy will go on a

long way in honing their quality of self-reliance which will ultimately equip them with necessary life skills and opportunities.

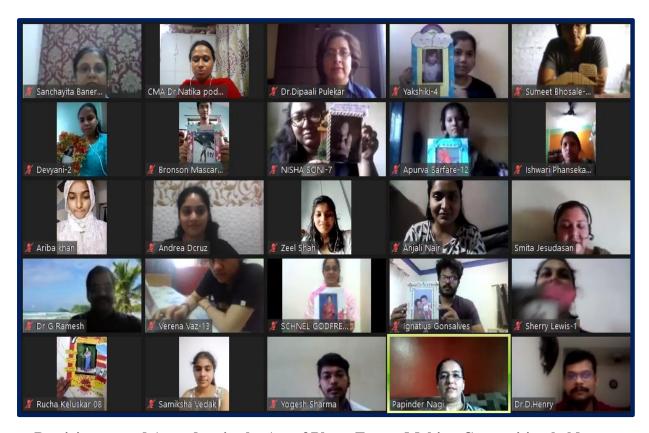








Participants and Attendees in the Art of Photo Frame Making Competition held on 24.04.2021



Participants and Attendees in the Art of Photo Frame Making Competition held on 24.04.2021

Report of The Art of Wall Hanging Making Competition organised by Malay Club on 1 September 2021

Malay Club- "The art of wall hanging making competition"

A ground balanced on sheer logical rushes requires an adjusting portion of workmanship with the goal that, feel and excellence around us isn't neglected. The aphorism of the fine arts club is to rouse and empower the students to effectively learn and foster their gifts and abilities that will develop imaginative articulation. The Malay club organized by SFIMAR gives the students a more extensive perspective on craftsmanship in many structures to bring stowed away gifts into spotlight.

This club is initiated by Dr. Natika Poddar, Prof. Papinder Nagi, Miss. Surekha Kurne and Miss Sonal Dalvi. The coordinators of Malay club organized "The art of wall hanging making" competition on Wednesday the 1st of September 2021. The time scheduled was 4:30pm-6pm. Due to the pandemic this competition was held online on zoom platform. The theme of this competition was to allow the students to innovate and create useful items without using ready-made items within 1 hr. There were 11 participants who took part in this competition. The criteria followed was that the students were not allowed to use any ready-made item, they could use any resources available at their homes and give a caption/quote to their wall hanging within 4 words. The event was graced by the presence of the chairman of SFIMAR Br. Alphonse Nesamony, Dr. D Henry Babu, Dr. G Ramesh, Dr. Smita and other students who encouraged the participants.

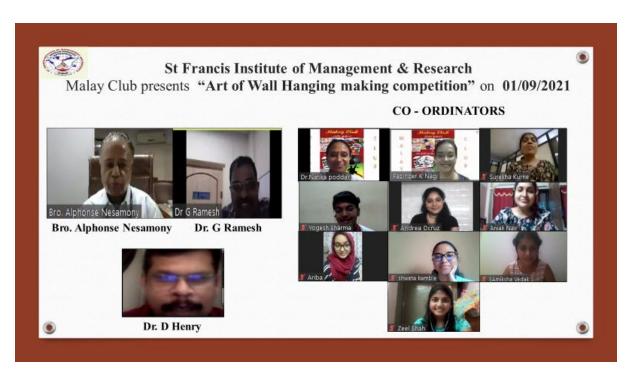
The esteemed judges of this year were Dr. Simmi Prasad and Prof. Sanchayita Banerjee. The judging parameters were- the materials used to create the wall hanging, creativity, the message portrayed through the quote and maximum 4 words to be used, the overall presentation. The winners were declared on the same day, based on the judging criteria 4 winners were declared. The 1st prize was won by Miss. Shital Derick Malekar (MMS-B), 2nd prize was won by Miss Saloni Santosh Pawar (PGDM) and the 3rd prize was won by Miss Yakshiki Surve (MMS-A) and Miss. Sanyukta Arvind Kotian (MMS-A).

The Malay club subsequently gives a channel in showcasing the talents and developments of the students, it likewise helps them to gain confidence, foster administration characteristics and show character advancement. This inheritance will go on far in sharpening their nature of independence which will at last prepare them in essential fundamental abilities and openings.











St. Francis Institute of Management and Research (SFIMAR)

Celebration of Dandiya

The Dandiya Event is conducted every year at St. Francis Institute of Management and Research, but this year the event was conducted differently. Due to the Covid -19 pandemic, it was decided to conduct the Dandiya Event virtually. Although the Dandiya Event was conducted virtually, it was truly a grand success. The Virtual Dandiya Event was conducted on 16th October 2021 on the Zoom Platform and this event proved to be an event worth remembering. The event was planned and organized by Dr. Natika Poddar, Ms. Papinder, Ms. Sonal, and Ms. Riya along with the Student coordinator of the Dandiya event, which turned out to be an amazing virtual event as a sizeable crowd turned up and joined in. All the participants were dressed in colorful traditional wear. The Judges, Dr. Sasmita Singh and Dr. Namrata Acharya judged 'The Best Dressed' 'The Best Solo Dance - Male', 'The Best Solo Dance - Female', and 'The Best Family/Friends Group Dance'. A few student coordinators, Mr. Vipul Khatri, Miss Nishigandha Mhatre from the MMS A division, and Mr. Yash Devaliya from the MMS B division also showcased their dance steps virtually. Our Special and Cute little Participants were Mr. Ishan and Ms. Ira, they danced so gracefully, and everyone was excited to see them dancing.

The event proved to be effective and memorable in the end and everyone was very happy.

The winners of the Virtual Dandiya Event are as follows:

BEST DRESSED- FEMALE

BEST SOLO DANCE - MALE

MS. SHWETA KAMBLE

MR. KARAN KANAKIA









International Yoga Day

The International Day of Yoga has been celebrated annually on 21 June since its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental, and spiritual practice that originated in India. SFIMAR is celebrating International yoga day from the year 2016. A guiding session about Yoga along with practical yoga asanas is taught to all the participants.

Date of the activity : 21 June 2020

Topic Name : Yoga to Boost Immunity

Name & Designation of Speaker : Mr. Gautam Utekar, Yoga Trainer

Number of Students attending : 7



ST.FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH (SFIMAR)

Affiliated to the University of Mumbai.

Approved By AICTE, New Delhi & DTE, Maharashtra & NAAC "A" accredited

(An ISO 9001:2015 Certified Institute)

Invites You All

International Yoga Day Celebration

Websession on
"YOGA TO BOOST IMMUNITY"

By: Mr. Gautam Utekar

Sunday, 21 st June, 2020 Time: 9.00am to 10.00am



smita jesudasan <smita@sfimar.org>

Fwd: Invitation for International Yoga Day Celebration on Sunday 21st June,2020

Sulbha Raorane <sulbha@sfimar.org> To: SFIMAR FAMILY <sfimartm@sfimar.org> Fri, Jun 19, 2020 at 4:59 PM

Dear All,

SFIMAR is celebrating International Yoga Day on Sunday 21st June, 2020.

All of you are invited to attend the websession on by Yoga Expert Mr. Gautam Utekar from 9.00am to 10.00am. 'Yoga to boost Immunity'

This web session will be on **ZOOM** app. Link for the same is as follows:

https://us02web.zoom.us/j/85917534982?pwd= SDlqWTBlb0hJT1VpSForVk5pcHozQT09

Meeting ID: 859 1753 4982

Password: 952525 One tap mobile

+13126266799,85917534982#,,,,0#,,952525# US (Chicago)

+13462487799, 85917534982#, 0#, 952525# US (Houston)

Thanks & Regards! Prof. Dr. Sulbha S. Raorane Professor & Program Head (PGDM)

Address : St. Francis Institute of Management and Research (SFIMAR)

Gate no. 5, Mt. Poinsur, S. V. P. Road,

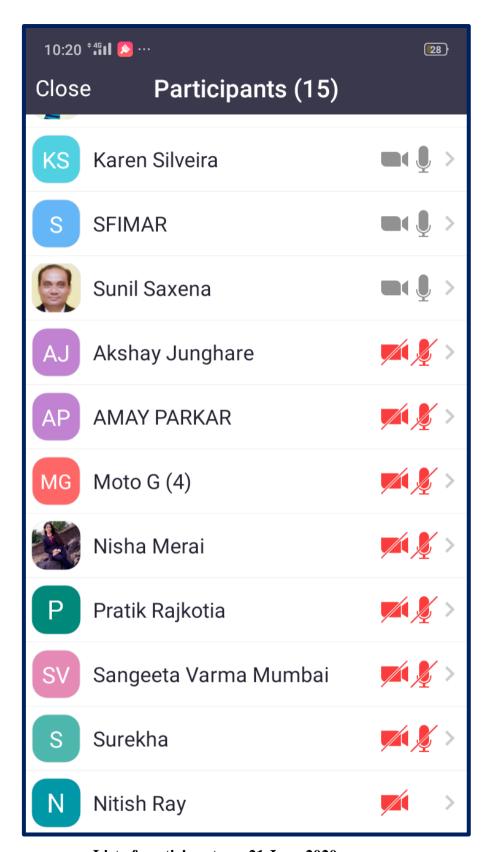
Near Bhagwati Hospital

Borivli (W), Mumbai - 400 103. Office No. : 022 28917089, 022 28958403,

Extn. No. 145, 146 & 147, Fax No.: 022 28906567 Mobile No.: 9619551840



Mr. Gautam Utekar performing Yoga on 21 June 2020



List of participants on 21 June 2020

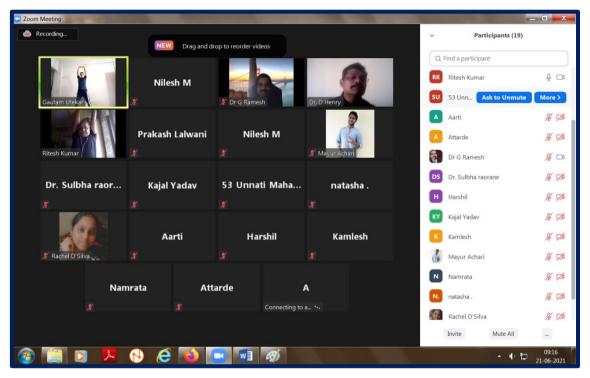
Date of the activity : 21 June 2021

Topic Name : Yoga and Effective Strategy for Managing

COVID

Name & Designation of Speaker : Mr. Gautam Utekar, Yoga Trainer

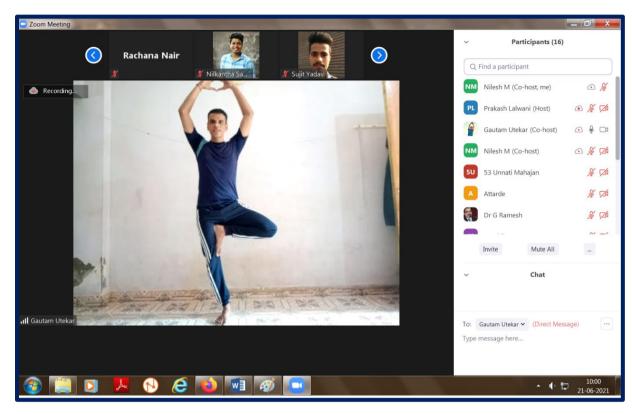
Number of Students attending : 17



Screenshot of participants on 21 June 2021



Mr. Gautam Utekar guiding on Yoga on 21 June 2021



Mr. Gautam Utekar performing Yoga on 21 June 2021